



Health & Wellness Agenda

June 10th, 2019

6:00 pm – 7:30 pm

Shoprite – Bethlehem (2nd floor)

Introductions:

New Business:

- Looking for a co-chair & secretary
- Partnering with Shoprite or another store
- New outings / Community Outreach events?
- Pinecone Bird feeders or others as a craft
- Invite a business, company, etc. every qtr.?
- Sub-Committees & Leaders
- Sunshine for Seniors Program
- Donation Drive(s)
- Healthy Eating challenge (Mental Health)
- In Store vendor event (Shoprite, Boscov's, other)

Old Business:

- Emmaus Farmers Market:
- Bucket Garden Projects:
- Flint Hill Farm volunteer day for late spring
- Spring Plant and Veggie Sale
- Treatment Trends Garden / Haven House makeover
- Health & Wellness Fair

Subcommittee leaders

- Speakers
- Marketing / Social Media
- Community Outreach: Events, Trips, Tours
- Garden Makeovers
- Spring Veggie Sales or other fundraisers
- 5 Gallon Bucket Garden Project
- Healthy Meal Challenges, Hands on demo's, etc.
- Hikes, Walks, Pet w/owner walks, etc.

NEXT MEETING: (no meeting in July)

August 12th, 2019 – Shoprite – Bethlehem 6:00 – 7:30 pm